



CIEL

SPA



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SLS DUBAI



@cielspadubai

+971 4 607 0654
sbe.com/sls-dubai



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Enter an alternate dimension and experience the weight of the world immediately melt away at level 69 of SLS Dubai Hotel & Residences, where Ciel Spa has everything you need to immerse yourself in refined relaxation. Indulge in the relaxation lounges, treatment suites with custom massage beds, herbal steam rooms and spacious experience showers.

All treatments are personalised to cater to your individual needs, transforming the mind, body and soul on your journey to self-discovery. Designed for your flexibility, all our treatments can be booked online or walk-in.

TIME

Let our receptionist team know if you want to focus on your face, body or a combination of both. Then at the beginning of your treatment, our expert therapists will discuss your specific needs and requirements and help create a perfect, personalised experience in the time selected. From relaxation, to stress release, toning and anti-ageing, we can address whatever you desire. Select your experience from iS Clinical, Voya or Gentlemen's Tonic.

*Available in time slots of:

30 minutes

60 minutes

90 minutes

120 minutes

180 minutes

*Excludes Pre & Post-natal treatments, Hydrafacial™, iS Clinical Fire & Ice Facial, iS Clinical Foaming Enzyme Facial and Seaweed Voyager.

iS CLINICAL

Facials

For our results focused facials we partnered with skincare brand, iS Clinical. Dedicated to providing advanced skincare backed by science, their high potency formulas are concentrated in pure actives and proven to penetrate optimally into skin to both correct the signs of ageing and prevent future damage.

VOYA

Body Exfoliation, Body Treatments & Voyager Massage Journey

For our pampering body treatments, we have collaborated with Irish company VOYA. VOYA provides over twelve years of expertise in seaweed bathing and organic body care. Using cutting-edge marine-based science, they combine sustainable innovation with a respect for tradition. VOYA takes pride in an authentic heritage and hand harvesting this local resource from the fresh waters of the Atlantic coast.

GENTLEMEN'S TONIC

Facials, Body Treatments & Massages

For our specific men's treatments, we have Gentlemen's Tonic. An international and award-winning luxury spa concept proudly founded in London. Their philosophy is simple - they endeavor to provide the perfect antidote to the stresses and strains of modern life, providing treatments and products that revive, invigorate and promote wellbeing. Marrying traditional services with modern techniques, Gentlemen's Tonic delivers bespoke treatments that meet your very specific needs.

PRE AND POST PREGNANCY TREATMENTS

Hydrotherm offers a unique system that provides the most comfortable pre and post-pregnancy treatments in the spa world. Warm water filled pillows fully support your body and enable you to lie comfortably on your back for the duration of the treatment. Paying attention to the changes your body goes through during the different stages of pregnancy and post-pregnancy, we have created a unique and thoughtful range of treatments to support and care for you during this wonderful time.

TRIMESTER SPECIFIC MASSAGE

60 or 90 MINUTES

Studies have found that moms-to-be can gain both mental and physical benefits from prenatal massage. Massage therapy performed during pregnancy can reduce anxiety, decrease symptoms of depression, relieve muscle aches and joint pains, give you better sleep and reduce swelling. Our massages have been created to address the specific changes that occur in your body during the different trimesters, ensuring you feel refreshed and cared for whenever you visit us.

LIGHTER LEGS TREATMENT

45 MINUTES

During pregnancy it is common for legs and ankles to swell, this treatment helps reduce swelling and water retention as well as relieve symptoms of restless legs syndrome. Lie back and leave lighter than air!

BELLY FACIAL

45 MINUTES

This gentle treatment helps to soften the skin of your belly, to ensure supple skin and to assist in the prevention of stretch marks. During the treatment you will be able to choose from a hand, foot or head massage, all in all your baby will be soothed and you will be relaxed.

PRE-NATAL FACIAL

60 MINUTES

Pregnancy brings elevated hormone levels and can cause a variety of skin changes, which makes acne and pigmentation during pregnancy a common concern. This facial addresses specific needs and helps to regulate the skin during this time of change.

POST-NATAL MASSAGE

60 or 90 MINUTES

Post-natal massage can be as important and beneficial as massage during pregnancy. Often the upper back, neck, and arms are the first to feel sore as you get used to holding and feeding your baby. A massage is very essential to help you have a more peaceful and pain-free experience with your little one. Post-natal bodywork is an effective and holistic approach for the many adjustments to motherhood.

POST-NATAL TONING WRAP

60 MINUTES

This midsection specific wrap is focused on toning of the stomach and reducing stretch marks, making your skin supple and aiding in rejuvenation and repair.

POST-NATAL FACIAL

60 MINUTES

Post-pregnancy hormones can be just as challenging as during pregnancy, thankfully, this facial is specifically designed to help regulate your skin and give you a fresh radiant complexion.

HYDRAFACIAL™

The HydraFacial™ delivers instant results with no discomfort or recovery time. Deep cleansing and resurfacing treatments that completely care for your skin, providing cleansing, exfoliation, extractions and hydration, including Vortex-fusion® of antioxidants, peptides, and hyaluronic acid. Suitable for all skin types, we personalize each facial to address specific concerns resulting from sun damage, to dehydration, to signs of ageing.

PLATINUM HYDRAFACIAL

90 MINUTES

The most comprehensive facial, designed to rejuvenate and refresh your skin. Diminishing imperfections, leaving your skin smooth, uplifted and radiant.

Includes:

Lymphatic drainage to reduce puffiness and enhance definition

HydraFacial Cleanse & Peel

HydraFacial Extraction and Hydration

iS Clinical Mask to suit your skin type

Two LED Therapies to brighten and lighten

HydraFacial Fuse & Protect

DELUXE HYDRAFACIAL

60 MINUTES

Our concise treatment to refresh and illuminate the skin. Perfect for focusing on cleansing or those with limited time.

Includes:

HydraFacial Cleanse & Peel

HydraFacial Extraction and Hydration

iS Clinical Mask to suit your skin type

One LED Therapies to brighten or lighten

HydraFacial Fuse & Protect

SIGNATURE HYDRAFACIAL

30 MINUTES

Our express treatment to refresh and illuminate the skin. Perfect for focusing on cleansing or those with limited time. This treatment cleanses, exfoliates, extracts and hydrates the skin utilising super serums filled with antioxidants, peptides and hyaluronic acid.

iS CLINICAL

FIRE & ICE FACIAL

60 MINUTES

Powerful, age-defying, smoothing, softening, hydrating. A clinically active treatment system designed to rapidly and safely resurface the skin, reducing fine lines and wrinkles, smoothing, softening and encouraging cellular renewal.

EXFOLIATING CLEAR SKIN FACIAL

60 MINUTES

An Advanced treatment application designed for gentle exfoliation with soothing and healing benefits for oily, congested or otherwise problematic skin.

FOAMING ENZYME FACIAL

60 MINUTES

This effervescent treatment features active foaming agents for light and effective exfoliation for all skin types, leaving the skin clear and glowing for days.

SPECIALS

CLOUD NINE

90 MINUTES

Experience this heavenly couple's treatment and be afloat in a state of complete bliss. Relax and enjoy the sensation of being up in the clouds with our unique bubble exfoliating body foam, followed by a warm candle massage leaving you feeling like you are floating on cloud nine.

COUPLE VOYAGER

120 MINUTES

Designed for couples to experience together, two hours relaxing and forgetting about outside world. For him an organic peppermint body exfoliation and for her an organic hydrating body polish, followed by a massage for complete head to toe relaxation. Select massage oils to uplift, relax muscles or distress, this journey helps your mind and body to unwind.

GENTLEMEN'S TONIC ULTIMATE DETOX PACKAGE

120 MINUTES

A deep cleansing and exfoliation of your back, shoulders and upper arms using the most intense and advanced cosmeceutical products is followed by a Detox Facial and a Head Massage to allow maximum relaxation.

THE TRAVELLER'S RECOVERY PACKAGE

180 MINUTES

Carefully selected head to toe treatments have been combined to create this exclusive package that includes the Gentlemen's Tonic Signature Traveller's Massage, Anti-Aging Facial and a Bespoke Hand Treatment.

PRIVATE SPA HIRE

Half/Full Day

For the ultimate in pampering Ciel Spa offers you the opportunity to privately hire the entire spa for either a half day or full day. During this time, we will provide as many treatments as required during the private hire duration. For the half day drinks and snacks will be provided and for the full day, lunch will be included.



HOW TO SPA

OPENING HOURS – DAILY

Spa Facilities: 9:00am - 11:00pm

Spa Treatments: 10:00am - 10:00pm

SCHEDULING AN APPOINTMENT

To schedule an appointment please contact our Ciel Spa reception team who will be delighted to assist you with your booking. We highly recommend you book in advance to secure preferred appointment times and treatments. All spa treatments will need to be guaranteed with a credit card.

ARRIVAL TIME

We recommend you arrive up to 1 hour in advance of your treatment time in order to complete a brief consultation, change, relax and enjoy our stunning spa facilities.

LATE ARRIVAL

We offer our guests a reliable treatment schedule, so please appreciate that late arrivals will not receive an extension of scheduled treatment time, to avoid inconvenience to other guests and the same treatment price will apply.

WHAT TO WEAR

Bathing suits are required for use in the spa facilities, however we will provide luxurious towels, robes, slippers and any amenities required for use during your spa visit.

CHILDREN'S POLICY

Access to Ciel Spa including the changing facilities, spa and spa facilities is restricted to over 16's. We regrettably cannot accommodate children in the treatment rooms or relaxation lounges.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment not cancelled at least 6 hours prior to your scheduled time.

HOMECARE

To continue your spa experience at home, most products used in our treatments are available at Ciel Spa reception, along with selection of candles and teas.

DURING YOUR STAY

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. The spa team reserves the right to refuse access to anyone whose behavior may disturb other guests at the spa or surrounding areas.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment or use of spa facilities when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women and nursing mothers. Please allow the Ciel Spa team to guide you in selecting which treatments are most suitable during this special time. We suggest treatments to be conducted after first trimester.

GENTLEMEN

For men, we recommend shaving prior to having a facial, to ensure maximum comfort and benefit to the skin. However, all facial treatments can still be performed if shaving prior to the facial is not possible.

SMOKING

Smoking is strictly prohibited within Ciel Spa.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the Ciel Spa team for details and to purchase.

VALUABLES

Ciel Spa accepts no responsibility for loss of valuables and jewellery at any time on the spa premises and we advise you to leave all valuables at home or in your hotel room.

PRICES

All prices are quoted in AED and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.



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Level 69, SLS Dubai Hotel & Residences,
Marasi Drive, Business Bay, Dubai, UAE