

GO SOLO

The remarkable and renowned therapeutic gifts of aromatherapy. Each treatment begins with a personalized selection from our unique collection of aromatherapy oils based on your needs

ORIENTAL AED 560 AED 750	CALMING SPIRIT Relaxing/ Calming/ Nurturing	60 MIN. 90 MIN.
MEDITERRANEAN AED 560 AED 750	ENERGY BOOST Energizing/Uplifting/ Revitalizing	60 MIN. 90 MIN.
INDIAN AED 560 AED 750	STRESS RELEASE Warming/ Detoxifying/ Stimulating	60 MIN. 90 MIN.
ARABIC AED 560 AED 750	WELLBEING THERAPY Grounding/ Recovering/Immune Boosting	60 MIN. 90 MIN.
AED 650	NEW LIFE MUM A gentle elasticizing, nurturing massage, perfect for during pregnancy as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone.	60 min.



RITUALS

AED 750 |

7120 730	A detoxifying treatment with thermal waters from Montalcino in Tuscany, blended with essential oils, that encourages a profound purification of the tissues, followed by a deep tissue massage, kneading out tight muscle tension for a complete energized experience.	 90 MIN.
AED 750	RE-VIVE	
ALD 750	Asmoothing, renewing and regenerating treatment for restored tone, elasticity and hydration. An ideal body wrap and mini facial treatment for skin that needs moisture and elasticity.	 90 min.
AED 750	RE-LAX Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest.	 90 min.
TWO TO TA	NGO	
AED 1350	Couple Treatment	
per couple	Inspired by the contrast of the city and running water along the canal, this tranquil sleep signature ritual combined with a mini facial or a yoga face massage will reduce any tension and ensure a profound state of relaxation.	90 MIN.



FLASH BEAUTY

AED 240	SPECIALIST MANICURE	
	A moment of care for the hands with delicate cleansing, bespoke exfoliation and ultra-hydration and nourishment	45 MIN.
AED 240	SPECIALIST PEDICURE	
	Protection and care for the feet, with a smoothing, renewing action, providing deep repair and nourishment	45 MIN.
AED 400	SPECIALIST MANI PEDI RITUAL	
	Hand and foot ritual with all the purifying, nourishing and protecting actions of the individual manicure and pedicure treatments, in a journey which adds deep relaxation to your self-care moment.	90 MIN.
AED 300	SEE YOU IN THIRTY	
	Refresh your skin naturally and select from our collection of bio-cellulose face masks to instantly quench, smooth and deliver quick visible results. Combine this skin treat with a 15 min massage of your choice.	30 MIN
	WATER SOURCE - Hydration	
	SKIN PERFECT - Radiance	
	DE-STRESS - Calming	
AED 100	ADD-ON - Mask Only	





DUBAI

HYDE HOTEL DUBAI

Marasi Drive, Business Bay, UAE

T.: +971 (0)4 871 1040

E.: spa@hydedubai.com

@hydedubai



[comfort zone]

Find out more about our products, treatments and lifestyle tips on www.comfortzoneskin.com