

CIEL

SPA AT SLS



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S P A A T S L S

In search of contributing to people's well-being, Ciel Spa has created a menu of experiences that will provide your senses with a journey of sensations and emotions that will help restore balance to your mind, body and spirit.

All the selected experiences have been chosen to ensure that each of the details that make it up, the aromas, colors and sensations enter your existence and provide a space of well-being that will prevail to balance your energy and restore your center.

Ciel Spa's main mission is to be a fundamental part of the well-being of the people who visit us, therefore a series of elements that will be part of your experience will positively transform your balance.



LOVE JOURNEY IN ROOM | 120 MIN

In this experience you will strengthen the connection by finding levels of well-being and total relaxation together. A warm body exfoliation that will prepare the body to enjoy an indulgent sensory massage, followed by a tub scented with lactic powders and essential oils in the privacy of your room while you enjoy your experience that will strengthen the bond by stimulating your senses, releasing stress and opening up. the path to new experiences.

****Complement your experience with drinks of your selection for an additional charge****

Body scrub and treatment *40 min*

Essential massage *50 min*

Aromatic Bath *30 min*

ACTIVE SENSORY BALANCE CEREMONY | 120 MIN

This ritual offers a comprehensive balance throughout your body. It will begin with a Facial massage that is composed of an exercise routine designed to work on the more than 40 muscles that make up the face, the skin's metabolism is activated, giving way to the production of collagen, lines are outlined and diminished. expression, lifts and tones the face.

Your body will be prepared with an exfoliation that will eliminate dead cells, activating cellular oxygenation so that, with a candle light massage, which will be applied warmly to your skin, it hydrates, nourishes and softens, which when heated becomes a delicious massage oil.





LUNAR CYCLE
CEREMONY



CRESCENT MOON | 80 MIN

The energy is used to visualize the plans planted, through the light of the candle canalize your intention and enjoy the warmth.

The massage begins by working with the lower joints, with our connection with the universe and lunar energy. Followed by the joints that we have throughout the body helping the flow of energy giving us impetus to materialize our projects.

FULL MOON | 80 MIN

We seek aligning the body with the mind and spirit, to recover the balance.

This treatment begins with a water rinse with lunar essence which will prepare our senses to carry out our projects, followed by an extremely relaxing massage balancing our energies.

A candle is lit that will guide this process it will warmly accompany you, calming your emotions and rebalancing your energy.



NEW MOON | 50 MIN

The body will be prepared to clarify mind, unblocking energy points on the back.

The treatment begins with a touch of aroma, we perform a sequence along the spine, applying pressure on energy “_____” by a craniosacral massage combining the ideas, releasing and purifying the mind.

Is a moment of beginning, of renewal and of establishing intentions for the coming month, light with intention a candle that will accompany you in this process, add an essence with the intention that you desire that will accompany you during this new cycle.



WANING MOON | 50 MIN

Freeing the body from tensions and toxins, frees the mind to reflect. In this treatment we will perform an energetic exfoliation purifying the body of all those energies that do not allow us to move forward or start new projects. Leaving our minds clean to sow and our path free to walk and continue moving forward.

A back massage under the heat of the candle will guide the mind to open paths and advance international projects.

FACIAL EXPERIENCES



REVITALIZING FACIAL & LEGS REALICE EXPERIENCE | 80 MIN

The objective is to restore the delicate balance to restore the balance that your energy and body need, this experience ends with leg stretches with the traditional healing movements of the ancient ethnic groups of Mexico using an overflow.

REBORNING COLLAGEN FACIAL | 80 MIN

Effective treatment to restore lost volume, restoring the skin's natural collagen production. Providing as a result a renewed, luminous skin with a visible impact on the reduction of the passing of the years.

DEEP AND CLEAR AGE FACIAL | 80 MIN

Feel the power of the ocean that will bring purification and balance to the skin, treatment based on seaweed to control oily skin followed by a mask with menthol which calms the skin after extraction, reducing inflammation of the entire face, including the eyes. Leaving as a result fresh and hydrated skin.





SENSITIVE & NATURAL ILUMINATING FACIAL | 50 MIN

This facial is for all skin types, especially sensitive skin, designed to rebuild and balance the skin in a natural way with noble active ingredients that will reinforce the face's protective barrier, while reducing redness, lightening and fading lines expression.

SHINE & GLOW VEGAN FACIAL | 50 MIN

A naturally derived treatment to restore a healthy radiant glow for all skin types. Balances and strengthens the skin barrier. Stimulates collagen and natural elastin. Skin health is restored leaving a fresh and glowing complexion. Dermatologically tested (vegan)

Free of: gluten, silicones, parabens, mineral oils, lactose, micro plastics, synthetic fragrance, peg, phthalates, sulfates.

NURSHIRING VITAMIN C | 50 MIN

With this treatment, give your face a cellular renewal that acts upon contact with Vitamin C that will provide luminosity and immediate moisturization, as well as the activation of blood circulation and cellular oxygenation, restructuring the composition of the tissue of your face.

EXPERIENCES TO TRANSFORM YOUR BODY



TZOLKIN ENERGY BALANCE | 100 MIN

This experience was designed to strategically release the energy points in the body, since when these are blocked, energy imbalances manifest in the body. To complement this energetic renewal process, enjoy an antioxidant detoxifying body and illuminating facial.

EARTH POLISH MOISTURIZING BODY EXPERIENCE | 80 MIN

A detoxifying and firming body treatment with mood-lifting notes of orange, mimosa and vanilla musk. Start with a stimulating exfoliation, an invigorating brushing of the skin to promote circulation and stimulate the lymphatic system. The treatment concludes with a gentle liberating massage.

SALT OCEAN CLEANSING BODY EXPERIENCE | 80 MIN

Energizing body treatment stimulates oxygenation of cells with wave movements throughout the body. A unique oil-to-foam natural enzyme peel is applied from shoulders to toes to instantly smooth and perfect skin. An invigorating brush that prepares the skin to absorb from the enveloping cream wrap all the active ingredients that will restore the shine of your skin. Sealing with a light massage to dissipate tension and restore body and mind.



EXPERIENCES TO TRANSFORM YOUR ENERGY





SIGNATURE CIEL SPA | 80 MIN

Restores energy by harmonizing the body with a variety of sectioned techniques to synchronize mind, body and spirit, returning balance and peace to your interior. Accompanying this experience with the aromatherapy selection of your choice, providing an additional element to transform your well-being.

BALANCING ENERGY HOT STONE MASSAGE | 80 MIN

This experience will help to balance the energy to release accumulated physical and energetic charges. Hot stones provide the body with a warm sensation that will balance your emotions. The stones will absorb and transform energy.

PINDAS THERAPY WITH HEALING AROMATHERAPY | 80 MIN

Through the mixture of herbs at medium temperature, the body will receive the benefits of Mexican herbalism through hot bags that will run through your body with firm pressures that in turn will allow your respiratory system to be positively impacted with this mixture of herbs during the massage aromas.

DEEP & ENERGIZING EXPERIENCE

80 MIN | 50 MIN

The localized and deep pressure will release superficial muscle contractures while the stretches and movements will release the accumulated tension, revitalizing your body, reactivating your vitality and energy again.

DISCONNECTING RELAXING EXPERIENCE

80 MIN | 50 MIN

This massage will help you disconnect to clear your mind and in turn will be responsible for untying energy knots. With long strokes, light pressure will work on your nervous system.

HIDROTHERAPY EXPERIENCE | 50 MIN

Enjoy a liberating ceremony through the water. You will be guided to naturally induce your body to a contrast therapy that will help you restore your immune system while providing you with the mental, physical and emotional state that will allow you to release emotions, rebalancing your energy for a better recovery during your treatment.





POLÍTICAS SPA

The final purpose of Ciel Spa is to provide balance, which is why you are asked to read the following instructions to preserve the tranquility that characterizes us and offer you an unforgettable experience.

Access to the spa is only for those over 18 years of age. Even so, we will reserve the right of admission in the event that the applicant's attitude and/or behavior is not respectful of other users.



RESERVATIONS AND POLICY TO RESCHEDULE YOUR EXPERIENCE

- We recommend you book your treatments in advance in order to meet all your needs.
- If it is necessary to reschedule your reservation, we ask you to notify The Spa 4 hours in advance. In case of no-show for the appointment, a charge will be made for 50% of the treatment.
- To enjoy the water ceremony, it is necessary to book in advance.

CHECK IN & STAY AT THE SPA

You are requested to show up at the spa 1 hour before your treatment to enjoy the water ceremony, if you arrive directly to the treatment please show up 30 minutes before, if you arrive late we will try to provide the full time of your treatment.

LOCKERS AREA

We recommend that you leave valuables in the safe in your room, the spa is not responsible for the lost objects. Sandals and robes, as well as all the amenities for personal use will be available to you during the experience.

ETIQUETA SPA

Swimsuit in the hydrotherapy area is not optional.

For your safety, we will not receive guests with alcohol intake in the spa facilities and we suggest rescheduling the experience.



CONTACT US AT EXT 1705

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The page is decorated with watercolor illustrations of various plants and flowers. On the left, there is a large, light blue flower with a yellow center, surrounded by long, thin, brown grass-like leaves. On the right, there is a cluster of small, pinkish-red flowers with long, thin, brown leaves. At the bottom, there is a dandelion seed head, a cluster of pinkish-red flowers, and more brown grass-like leaves.

PRICE LIST